



Dr Rajinikanth Sundara Rajan MBBS MD FRCA EDRA FFPMRCA
Consultant in Pain Medicine

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Curriculum Vitae

Name:	Rajinikanth Sundara Rajan	
Nationality:	British	
Address:	Pain Expert Limited	
GMC Status:	Registered with a licence to practice	
GMC Number:	6108762	
Education:	Government Kilpauk Medical College Grant Medical College 2001-2004	1993 – 1999
Qualifications:	MBBS MD (Anaesthesia and Pain) FRCA EDRA FFPMRCA	1999 2004 2009 2012 2012
NHS Practice:	University Hospitals of North Midlands NHS Trust, Stoke-on-Trent	2014 – Present
Private Practice:	Nuffield Health, Stoke-on-Trent	2015 – Present
Medicolegal Practice:	Nuffield Health, Stoke-on-Trent	2017 – Present

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Professional qualifications:

I qualified MB ChB at Kilpauk Medical School, Dr.MGR Medical University, India in 1999. I completed my Anaesthesia and Pain Medicine training in Grant Medical School, Mumbai University in 2004. I was awarded Gold Medal in Anaesthesia and Pain Medicine in 2003. I became a fellow of the Royal College of Anaesthetists (FRCA) in 2010.

I completed European Diploma in Regional Anaesthesia and Acute pain (EDRA) in 2012. I became a fellow of the faculty of Pain Medicine of the Royal College of Anaesthetists (FFPMRCA) in 2012. I completed my Pain Management Fellowship at Cambridge University Hospitals and Queen Elizabeth Hospital, Kings Lynn in 2012. I completed my Pain Management specialist training with a Fellowship in Pain Management at University Health Network and Mount Sinai Hospitals, Toronto, Canada in 2014.

NHS Consultant appointments: I was appointed Consultant in Anaesthetics and Pain Management at University Hospital of North Midlands NHS Trust in July 2014. Pain Management Centre at University Hospital of North Midlands NHS Trust provides a multidisciplinary service with doctors, nurses, and physiotherapists. I am clinical lead for Acute Pain for the Trust.

Clinical experience: My clinical experience includes the management of lumbar spinal pain, sciatica, cervical spinal pain, post-surgical pain, complex regional pain syndrome, neuropathic pain, post-amputation pain, pelvic pain, coccygeal pain, musculoskeletal pain, post-traumatic pain, complex headache, fibromyalgia and chronic widespread pain. I currently hold six pain clinics, four acute pain management ward rounds and four theatre based pain intervention lists in a month. I do joint clinic with gynaecologists, urologists and colorectal surgeons to manage patients with abdomino-pelvic pain. I manage chronic pain patients incorporating multimodal strategies with medications, interventional procedures, physiotherapy and psychological therapy.

Educational and Training Role: I am local educational training lead for pain medicine for all the trainees at University Hospitals of North Midlands NHS trust. I have taught ultrasound guided interventional pain techniques at Royal College of Physicians, London in 2017 and Newcastle cadaver course in 2016.

Expert witness training: I have attended a number of courses and conferences including the Bond Solon 'Excellence in Report Writing' & 'Courtroom Skills' courses in 2017; I am familiar with the Civil Procedure Rules Part35 and the Practice Direction 35. I have attended the Essential Skills for Pain Management Experts in July 2017. I attended the Annual Cambridge Medicolegal Conference in September 2017.

Medicolegal Report Writing Experience: After several months of preparation and focused training, I started my medicolegal practice in November 2017.

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Publications:

Sundara Rajan, Bhatia, Peng and Gordon. Perineural steroid injections around ilioinguinal, iliohypogastric, and genitofemoral nerves for treatment of chronic refractory neuropathic pain: a retrospective study (Accepted in Canadian Journal of Pain)

Khan, Rai, Sundara Rajan, Jackson and Bhatia. A scoping review of perineural steroids for the treatment of chronic postoperative inguinal pain. *Hernia* 2016 20:367–376

Sundara Rajan and Peng. Text book chapter on "Tai Chi in chronic pain", in *Acupuncture in Pain Management*, 2014, Nova Science Publishers

Sundara Rajan and Bhatia. "Particulate and Non-particulate steroids in lumbar transforaminal epidural injections". *Pain Medicine*, 2014; 15: 877-8

Sundara Rajan, De Gray and George. A review article on "Painful diabetic neuropathy" - CEACCP - BJA, October 2014.

Sagadai, Panchagnula, Sundara Rajan and Querishi. "Residual neurological deficit after central neuraxial blocks". *Trends in anaesthesia and critical care*, 2012; 2: 180-90.

Sundara Rajan and Faber "Equipment malfunction", a text book chapter in "Anaesthetic and peri-operative complications", Cambridge University press, 2011.

**Dr Rajinikanth Sundara Rajan
Expert's details last updated May 2019**