



Dr A. T. Arasu Rayen DA FRCA MSc FFPMRCA
Consultant in Pain Medicine & Anaesthesia

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Name: Dr Asius Thayala Arasu Rayen

Date of birth: 10th August 1968

Nationality: British

Address: Pain Expert Limited

GMC status: Registered with a licence to practice

GMC number: 4498928

Education:	St Joseph’s Primary School, India	1973 – 1978
	St Joseph’s Secondary School, India	1978 – 1985
	Madurai Kamaraj University, India	1985 – 1991

Qualifications:	MBBS (Madurai Kamaraj University)	1991
	DA (Dr MGR University, India)	1994
	DA (Royal College of Anaesthetists)	1997
	FRCA (Royal College of Anaesthetists)	1998
	MSc (Pain Management, Leicester University)	2008
	FFPMRCA (Royal College of Anaesthetists)	2007
	PG Cert in Med Education	2014
	Fellow of Higher Education Academy	2014

NHS employment: Sandwell and West Birmingham NHS Trust 2002 - present

Private practice: Priory Hospital, Edgbaston, Birmingham
West Midlands Hospital, Halesowen
Rowley Hall Hospital, Stafford 2003 - present

Medicolegal practice: Priory Hospital, Birmingham
West Midlands Hospital, Halesowen
Rowley Hall Hospital, Stafford

Dr Arasu Rayen DA(UK) DA(Ind) FRCA MSc (Pain Management) FFPMRCA PG Cert in Med Education FHEA: Consultant in Chronic Pain Management

Professional qualifications: I qualified MB BS at Madurai Kamaraj University, India in 1991. I obtained Diploma in Anaesthesia (DA) in 1994 from Dr MGR Medical University, India after finishing two-year structured course and examination at Stanley Medical College, Chennai, India. The Royal College of Anaesthetists awarded me Diploma in Anaesthesia (DA) in 1997. I became a fellow of the Royal College of Anaesthetists (FRCA) in 1998.

I was granted Foundation Fellowship of the Faculty of Pain Medicine of the Royal College of Anaesthetists (FFPMRCA) in October 2007. I obtained Masters in Science (MSc) in Pain Management from Leicester University, UK in 2008. I was awarded Postgraduate Certificate in Medical Education by Dundee University in 2014. In the same year, in 2014, I was elected as Fellow of the Higher Education Academy of United Kingdom.

NHS Consultant appointments: I was appointed as Consultant in Anaesthetics and Pain Management at Sandwell and West Birmingham NHS Trust June 2002. My NHS practice is dedicated to pain management and anaesthesia. The Sandwell and West Birmingham Pain Management Department provides a multidisciplinary service with doctors, nurses, clinical psychologists, and physiotherapists. My anaesthesia practice involves elective and emergency anaesthesia for most of the surgical specialities except complex paediatric, cardiac, neurosurgical or liver cases.

Private practice: I have been treating private patients with chronic pain since 2002. I remain in clinical practice at the BMI Priory Hospital, Birmingham, West Midlands Hospital, Halesowen and Rowley Hall Hospital, Stafford.

Experience: I have experience in the management of a wide range of painful conditions including those that can result from personal injury. This includes chronic conditions such as complex regional pain syndrome, neuropathic pain, lumbar spinal pain & sciatica, thoracic spinal pain, cervical spinal pain & whiplash, shoulder pain, pelvic pain, pain after surgery & trauma, and complex headaches.

In my anaesthesia practice, I have managed wide range of complex elective and emergency cases in orthopaedics and trauma, general surgery, gynaecology, urology, vascular, ENT, ophthalmology, plastic surgery.

Presentations: I have presented and chaired sessions at local, national and international meetings of the Royal College of Anaesthetists, the Faculty of Pain Medicine and the British Pain Society. I have taught interventional pain techniques at the Birmingham Cadaver Course since 2016. I am the founder and one of the regular faculty members on Birmingham Ultrasound in Regional Anaesthesia course at City Hospital Birmingham since its inception in 2005. I was the founder, course director and faculty of 'Conscious Sedation course' and 'Radiology for Anaesthetists course' at City Hospital. I have been a faculty in 'Coventry Regional Anaesthesia and Workshop and Lectures - CRAWL' course since 2015 teaching ultrasound guided regional anaesthesia technique.

Positions held: I have been the Editor of *Pain News* the official newsletter of British Pain Society since 2014. I am also co-opted member of Council of British Pain Society. I was a regular columnist writing medical articles in *Pain News* between 2010 and 2013.

I am the founding Chair of West Midlands Pain Forum, a forum of Pain Management Consultants in West Midlands. I have been an examiner for Final FRCA examinations of The Royal College of Anaesthetists, London UK since 2015. Prior to that I was Primary FRCA examiner of The Royal College of Anaesthetists, London UK between 2015 – 2015.

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Positions held (continued): I have been appointed as Regional Advisor in Pain Management, for the West Midlands Deanery starting from April 2020 for the period of 3 years.

Expert witness training: I have attended a number of courses and conferences including Medicolegal Reporting course, Warwick Road, London 2009, Medico legal Conference, Cambridge, September 2011, Bond Solon Excellence in Written Evidence Course, July 2016, Essential Expert Skills, Dr J Valentine, Manchester, June 2017 & 2019. Pain Expert Conference, Dr Valentine October 2018 & 2019. I am a member of Birmingham Medico Legal Society, attending the Society's organised meetings regularly.

Medicolegal report writing experience: I prepared evidence for the Court in matters of personal injury and medical negligence for over 10 years. I currently typically prepare up to 2 to 3 pain management and anaesthesia reports for the UK courts each month. Most chronic pain reports relate to the more complex presentations of chronic pain associated with significant functional impairment.

**Dr Arasu Rayen
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