

Dr Ashish Shetty MBBS FRCA FFPMRCA
Consultant in Pain Medicine

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Name:	Dr Ashish Laxminarayana Shetty	
Date of birth:	6 th November 1979	
Nationality:	British	
Address:	Pain Expert Limited	
GMC status:	Registered with a licence to practice.	
GMC number:	6080187	
Education:	SSLSVK, Alike, India	1992 – 1997
	JJM Medical College, India	1997 – 2003
Qualifications:	MBBS (Rajiv Gandhi University)	2003
	FRCA	2008
	ECFMG (USA)	2009
	FFPMRCA	2012
NHS employment:	University College London Hospitals	2014 – ongoing
Private practice:	Cleveland Clinic London	2022 – ongoing
	Harley Street Clinic	2016 – ongoing
	London Bridge Hospital	2016 – ongoing
	The London Clinic	2017 – ongoing
Medicolegal practice:	Queen Square Private Consulting rooms,	

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Professional qualifications: I qualified MBBS at JJM medical College, Rajiv Gandhi University of Health Sciences, India in 2003. I completed my anaesthesia and pain management training from Cambridge University Hospitals & from Guys & St Thomas Hospital in 2012. I became a fellow of the Royal College of Anaesthetists (FRCA) in 2008 and a fellow of the Faculty of Pain Medicine of the Royal College of Anaesthetists (FFPMRCA) in 2012. I completed my Pain Management fellowship at Guys & St Thomas Hospital in 2011.

NHS Consultant appointments: I was appointed Consultant in Pain Management at University College London Hospitals in January 2014. I am Lead for Neuromodulation, Education and Research for the department. I am a medical appraiser for the consultants and Adolescent transition lead. I set up the abdominopelvic pain symposium to train doctors in managing pelvic pain conditions.

Roles in Pain Medicine:

Honorary Associate Professor, Division of Surgery, University College London.
Visiting Professor in Anaesthesia and Pain Medicine, SSHAE, India.
Regional Advisor in Pain Medicine, Faculty of Pain Medicine, Royal College of Anaesthesia.
Faculty: UCL Female Pelvic Medicine and Reconstructive Surgery
Secretary: Royal Society of Medicine (Pain Section), London
Chief Medical Officer (Pain and Neuromodulation), NuroKor.
Principal investigator NIHR Portfolio study. Oxford University, 2020
Core committee member: London School of Regional Anaesthesia
Senior Fellow and Council Member: London Pain Forum
Lead for Neuromodulation UCLH & Cleveland Clinic London
Course director Abdomino-pelvic pain symposium
MSc Neuromodulation Module Lead: University College London.
Reviewer: Neuromodulation, British Journal of Pain, BMJ
Research Interest: Neuromodulation, Neuropathic pain, back pain, pelvic pain

Private practice: I have been treating private patients with chronic pain since 2016 at the Harley Street clinic and the London Bridge hospital. I am the lead for Neuromodulation at Cleveland Clinic London.

Clinical experience: I am a full time Pain consultant in the NHS and manage wide range of painful conditions. I have special interest in managing Complex pain conditions including Neuropathic pain, Pelvic pain, and headache. My experience also includes management of complex regional pain syndrome (CRPS), spinal pain, pain after surgery & trauma, complex facial pain and headaches. I have proctored doctors across Europe in techniques of Neuromodulation in managing complex pelvic pain conditions.

Presentations and Teaching: I have been an organiser and faculty on several international pain management courses for the Royal society of medicine (RSM), London School of Regional Anaesthesia, RA-UK, London Pain Forum (LPF) and European society of Regional Anaesthesia (ESRA). I regularly present my work at international meetings. I am the honorary academic advisor at the RSM (pain section) and LPF.

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Research & Publications

- A systematic review and meta-analysis of digital application use in clinical research in pain medicine, *Front Digital Health*, November 2022. (DOI 10.3389/fdgth.2022.850601)
- *A Systematic Review and Meta-analysis of the Endometriosis and Mental Health sequelae, Womens Health 2021 Jan-Dec* (DOI: 10.1177/17455065211019717)
- *Artificial Intelligence: A Rapid Case for Advancement in the Personalisation of Gynaecology and Mental Health Care* (DOI: 10.1177/17455065211018111/ ID: WHE-21-0052.R1).
- A systematic review to compare and evaluate the mental health impact amongst healthcare professionals, 2021. NIHR CRD42021228697
- A systematic review exploring the prevalence of autonomic dysfunction amongst Covid-19 patients, NIHR, PROSPERO 2021 CRD42021235351
- A systematic review demonstrating a comprehensive evaluation of the prevalence of global chronic pain conditions. NIHR, PROSPERO 2021 CRD42021235384
- (EPIC Project-Evidence Synthesis Phase). PROSPERO 2021 CRD42021235351
- Textbook Chapter: Pharmacological management of Pelvic pain, *Pelvic Floor Disorders*, Springer 2020.
- A systematic review of rescue analgesic strategies in acute exacerbations of primary trigeminal neuralgia. *Br J Anaesth.* 2019 Aug; 123(2): e385–e396.
- To test or not to test in Peripheral Nerve stimulation. *Neuromodulation* 2014
- (onlinelibrary.wiley.com) DOI: 10.1111/ner.12240
- Percutaneous Peripheral neuromodulation lead insertion using a Novel Stimulating Coudé needle. *Neuromodulation* 2014 (onlinelibrary.wiley.com) DOI: 10.1111/ner.12126
- Co-author: SBAs and MCQs for the final FRCA, Oxford University Press, ISBN 9780199661336. (onlinelibrary.wiley.com) DOI: 10.1111/ner.12240
- Percutaneous Peripheral neuromodulation lead insertion using a Novel Stimulating Coudé needle. *Neuromodulation* 2014 (onlinelibrary.wiley.com) DOI: 10.1111/ner.12126
- Burning questions on Pain Management: Part 1 *British Journal of Family Medicine*, May 2014.
- Burning questions on Pain Management: Part 2 *British Journal of Family Medicine*, July 2014.
- Burning questions on Pain Management: Part 3 *British Journal of Family Medicine*, September 2014.
- The successful treatment of post-implantation iatrogenic neuropathic pain with Target-Field stimulation using existing stimulating system. *European Journal of Pain*; suppl F701, Sep 2011 (abstract)
- Spinal Nerve Root Stimulation in the Management of Intractable Loin Pain: A Case Series. *European Journal of Pain*; suppl S711 Sep 2011 (abstract)
- Clinical investigator: High frequency Spinal cord stimulator, NEVRO study, 2011
- Clinical investigator: Retrograde v/s anterograde Spinal cord stimulation for CRPS, 2011
- MRC- Co-applicant and Principal Investigator, VIRIBUS-I RCT and ELEMI Project (Oxford trials unit).

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Special interests: Chronic Pain management, Neuromodulation, Spinal Cord stimulators, Sports Medicine, Pelvic pain, CRPS

Expert witness training: I have attended several courses and conferences since 2016 on this subject. I am familiar with the Civil Procedure Rules Part 35.

Medicolegal report writing experience: I have been preparing expert evidence for the courts since February 2018. I have a balanced portfolio of providing defendant and claimant pain management reports.

Dr Ashish Shetty
December 2022