



**Dr Sabina Bachtold BSc MSc DESAIC FRCA FFPMRCA  
Consultant in Pain Medicine**

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<b>Name:</b>	<b>Dr Sabina Maria Bachtold</b>	
<b>Date of birth:</b>	12 <sup>th</sup> January 1981	
<b>Nationality:</b>	British/Romanian	
<b>Address:</b>	Pain Expert Limited	
<b>GMC status:</b>	Registered with a licence to practice	
<b>GMC number:</b>	6169052	
<b>Education:</b>	University of Medicine Carol Davila, Bucharest, Romania	1999-2005
	University of Economic studies, Bucharest Romania	2006-2009
<b>Qualifications:</b>	Medic-Doctor, BSc	2006
	MSc Management of Health Services	2009
	DESAIC	2010
	FRCA	2012
	FFPMRCA	2018
<b>NHS practice:</b>	Frimley Park Hospital, Surrey	
<b>Medicolegal practice:</b>	Hampshire, Surrey, Berkshire	

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### **Consultant in Pain Medicine**

**Professional qualifications:** I qualified in 2005 from the University of Medicine and Pharmacy, Carol Davila, Bucharest, Romania, with a medical degree and an intercalated BSc in microbiology. I completed my Anaesthesia in North-West London with Advanced Pain Medicine training across the Royal Marsden Hospital, Chelsea and Westminster Hospital and Hillingdon Hospital; I also completed an Advanced Fellowship in Vascular Anaesthesia in St Mary's Hospital, Paddington. I became a Fellow by Examination of the Royal College of Anaesthetists 2012 and a Fellow by Examination of the Faculty of Pain in Medicine 2018.

**NHS consultant appointments:** After completing my post-CCT fellowship in Pain Medicine in Frimley Park Hospital, I was appointed Consultant in anaesthesia and pain management at Frimley Health Foundation Trust in 2020. I currently hold a mixture of clinics including multidisciplinary pain management clinics alongside a clinical psychologist and specialist physiotherapist with regular pain intervention lists in theatre or on a see & treat basis. I also conduct a twice monthly inpatient pain ward round, where I typically see patients with complex pain. I attend a twice monthly multidisciplinary meeting with spinal surgeons and radiology colleagues and quarterly multidisciplinary meetings with the entire pain team.

**Specialist medical interests:** I have considerable experience in the clinical management of a wide range of chronic pain conditions including back pain, sciatica, whiplash, complex regional pain syndrome (CRPS), widespread pain and pain after trauma & surgery. I manage patients within a multimodal model incorporating pharmaceutical, interventional procedures, physical and psychological therapies. I have a particular interest in ultrasound guided pain management interventions and in the management of cancer pain.

**Current clinical practice:** I have an exclusive full-time commitment to my NHS practice – maintaining an interest across Pain Medicine and Anaesthesia for vascular surgery and emergency surgery, including obstetrics.

**Professional presentations & educational roles:** I am a member of the court of examiners of the European Diploma of Anaesthesiology of Intensive Care, having become a Diplomate by examination in 2010. I am an Angoff Scorer for the Faculty of Pain Medicine Examination FFPMRCA. I have been invited faculty member on courses related to ultrasound guided pain management interventions. I have a job planned commitment to anaesthesia teaching as well as the delivery of pain medicine training for junior doctors of other specialities.

**Membership of professional bodies:** I am a member of the International Association for Study of Pain, World Institute of Pain and the European Society for Regional Anaesthesia & Pain Medicine. I have been invited faculty member on courses related to ultrasound guided pain management interventions.

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**Recent publications:**

“Essential notes in pain medicine” (Oxford University Press) Contributor to 5 Book chapters (Psychometric assessment, Clinical Trials, Statistics, Chronic Post Stroke Pain, Acute on Chronic pain), June 2022

Spring 2022, Transmitter Faculty of Pain Medicine: FFPMRCA SOE experience, Bachtold S and Fernandez T. TRANSMITTER Spring 2022 website.pdf (fpm.ac.uk)

Goodall I, **Bachtold S**. Pain conditions in HIV. Pain: A review Guide, Abd-Elsayed, A., 2019. *Pain*. Cham: Springer International Publishing AG.

Magee D, **Bachtold S**, Brown M, Farquhar-Smith P. Cancer Pain - where are we now: Pain Medicine Journal, FutureLearn, Published Online:5 Dec 2018 <https://doi.org/10.2217/pmt-2018-0031>

**Presentations at national meetings:**

(Poster) Phenytoin in the management of acute neuropathic pain, British Pain Society AGM 2020

(Poster) Management of non-freezing cold injury induced neuropathy, British Pain Society AGM 2020 (submitted, conf cancelled)

(Speaker) Acute Neuropathic Pain, Royal Marsden Hospital National Acute Pain Study Day, 2018

(Poster) Chemotherapy-Induced Peripheral Neuropathy, Multinational Association of Supportive Care in Cancer (MASCC), 2018

(Poster) Persistent Post-Surgical Pain (PPSP), British Pain Society AGM, 2018

(Poster) Neuropathic Pain and Gabapentinoids, British Pain Society AGM, 2018

(Speaker) Tapentadol: 10th Royal Marsden Hospital Pain and Opioid Conference, 2017

**Medicolegal expertise & practice:** I completed the Expert Witness Institute Core Training and am familiar with and understand the importance of the Civil Procedure Rules Part 35.

I have attended the following events:

8 <sup>th</sup> Pain Expert Medicolegal Conference	November 2023
Bond Solon Expert Witness Conference	September 2023
Cambridge Annual Medico-Legal Conference	September 2022, 2023
Ethics and Law for Anaesthetists, Royal College Of Anaesthetists	May 2023
Royal Society of Medicine Medico-legal meeting	May 2023

I receive instructions from solicitors acting for Claimants.

**Scope of expertise:** I am a medical expert in all aspects of chronic pain management including presentations such as chronic pain syndrome and complex regional pain syndrome (CRPS).

**Membership of expert witness organisations:** I am a member of the Expert Witness Institute (provisional member).

**Dr Sabina Bachtold  
January 2024**